



THEME 15:

CREATING SPACE

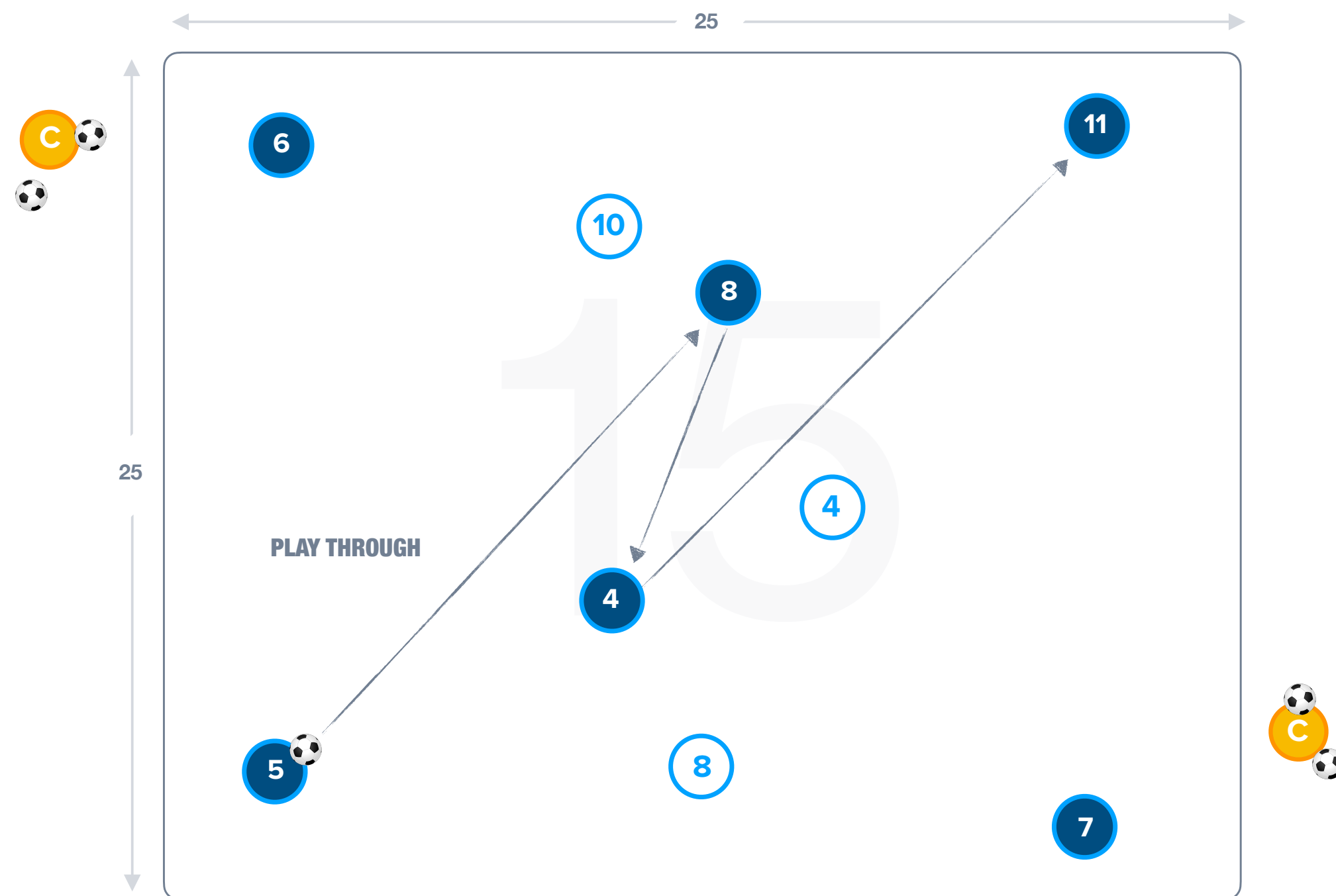
PRACTICE 2: 6 V 3 OPPOSED

AGE GROUP: 9+



Title	Date	Start Time	Duration	No. of Players	Area Size

HOW TO KEEP POSSESSION



ORGANISATION:

Practice 2 of Theme 15 Creating Space is a 6 v 3 practice and focuses on specific detail around movement to create space for themselves and teammates in a 25 by 25 yard area.

We first of all look at how the 6 in possession can play through the defending 3 before looking to play around after manipulating defenders positions.

Can they draw players into spaces to exploit, can they move the ball quickly under pressure.

Make sure to rotate central players every 2-3 minutes

KEY COACHING POINTS:

Movement to create space for teammates

Draw pressure to play around

Use whole pitch to ensure all space is used

Pivot player(s) to connect in central areas to play through

First touch and effective pass is a given

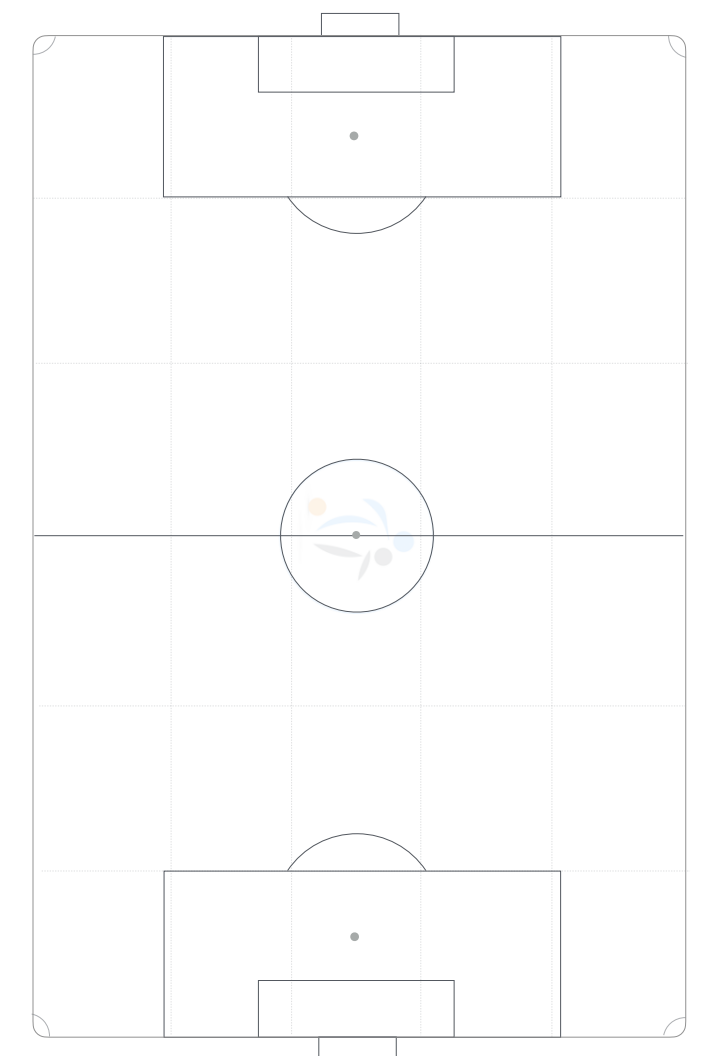
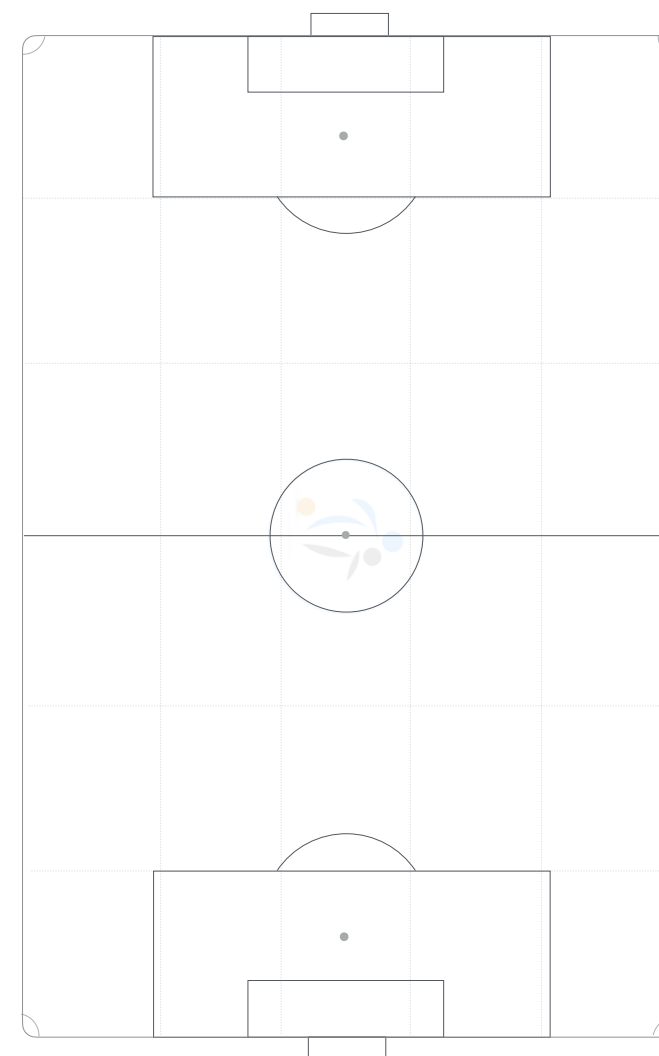


PROGRESSIONS:

ADDITIONAL INFORMATION

PLAYER QUESTIONS:

COACH PLANS



ADDITIONAL INFORMATION:



Detail any individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

Player initials	Technical	Tactical	Social	Psychological

Player Pairs initials	Objectives

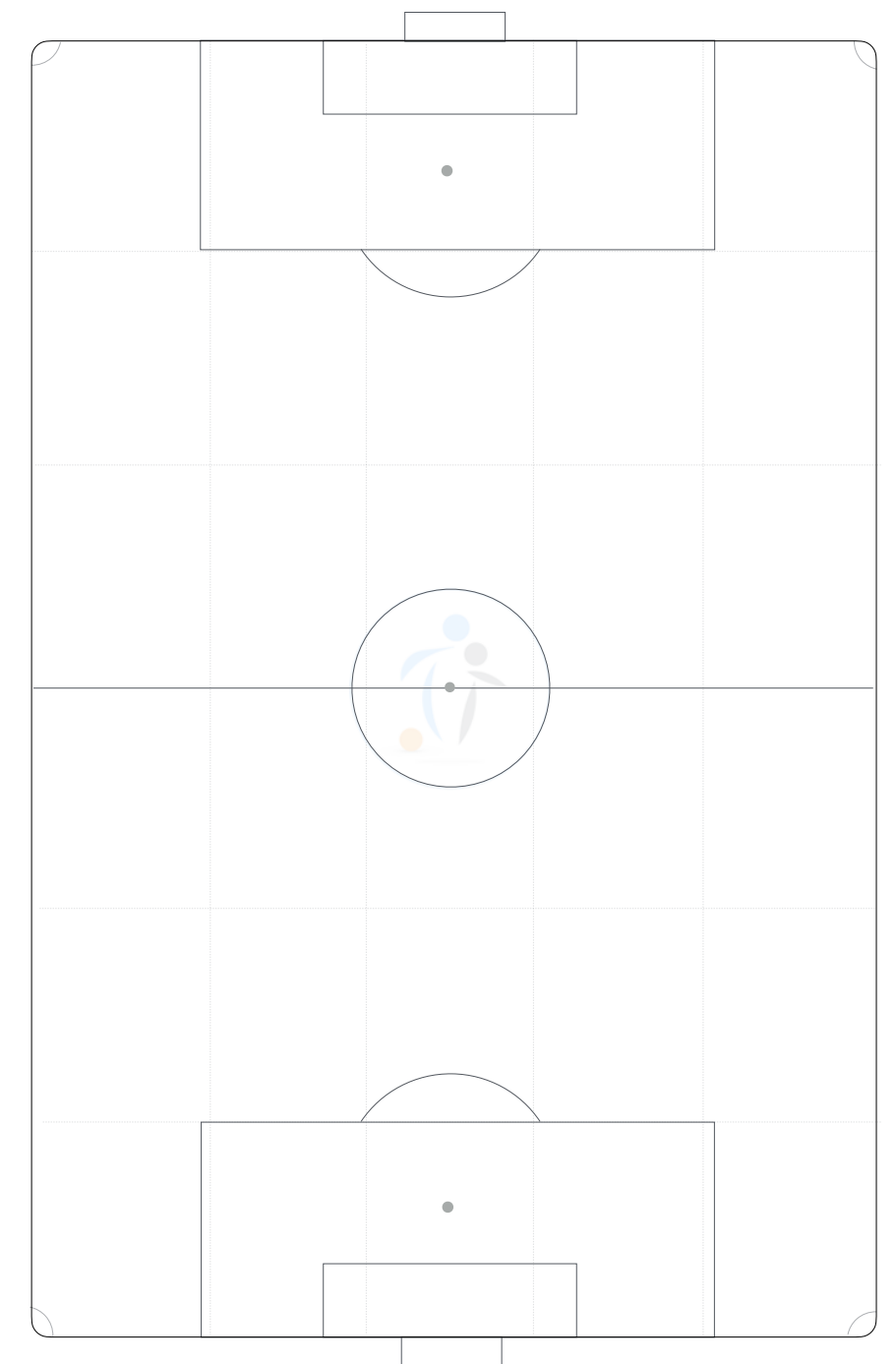
Player Trios initials	Objectives

Player Units initials	Objectives

Post Session Outcomes

What went well?	What did we learn?

Absentees: initials



LINK TO THE BIG GAME

How will we apply this session to a game situation?

