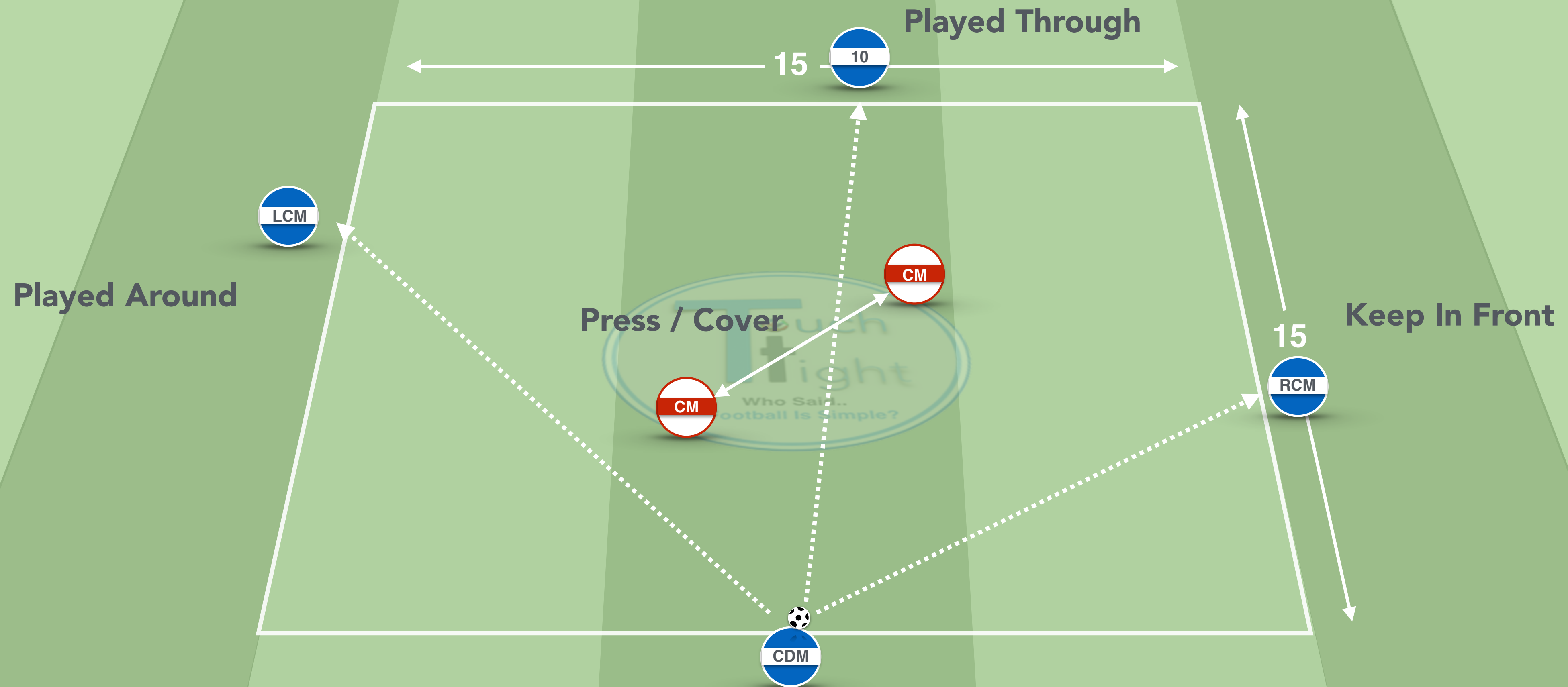


4 v 2 - Diamond Principles

Opposed Rondo



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Set Up / Organisation

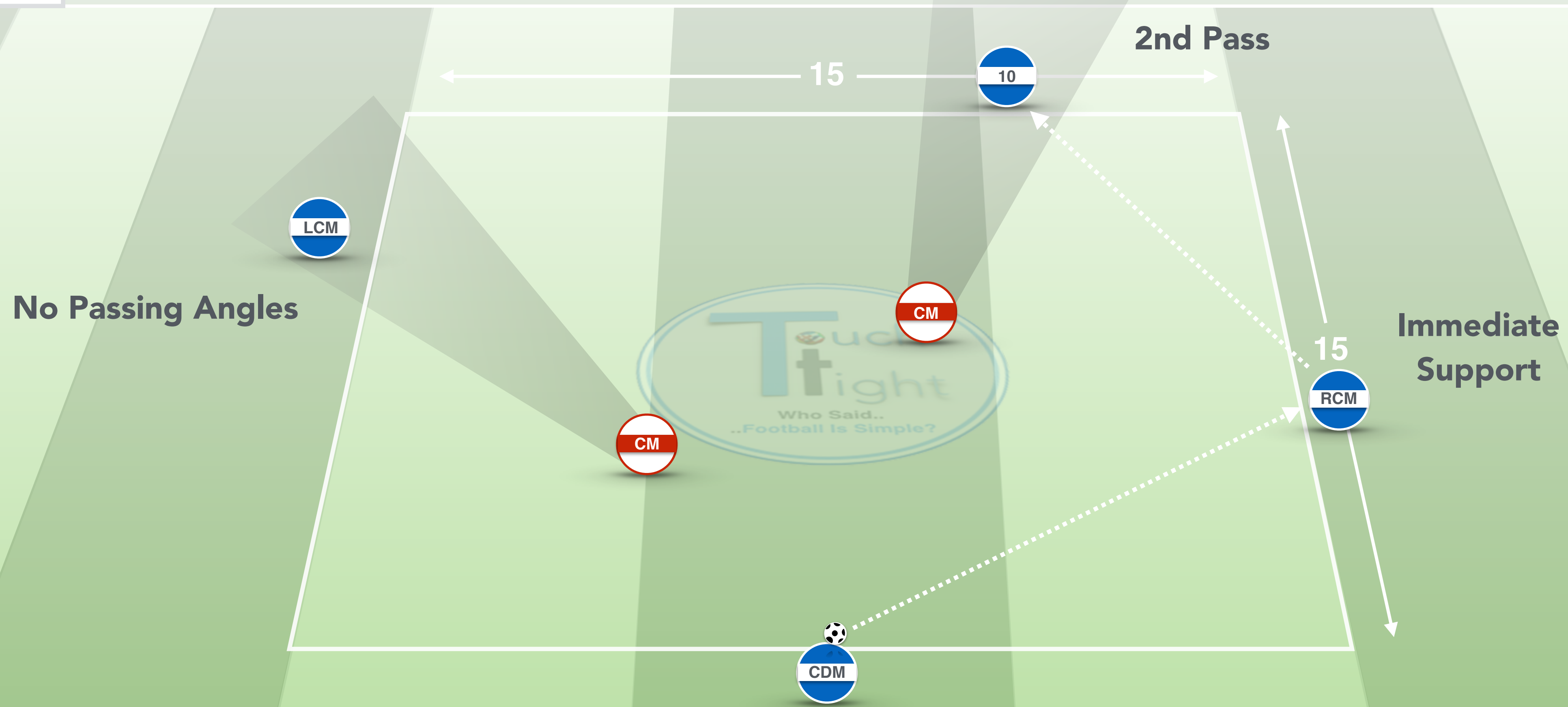
This 4 v 2 Diamond practice, is used to penetrate lines and is part of our Diamond Possession Sequence. Players must play 2 touch maximum around the outside of the square and look to break the defensive pairs with through passes.

Key Points

Objectives are as follows:
 Passing effectively with form pass into teammate
 Observation of spaces created to penetrate the lines
 Angles and distances around the edge of the square to keep ball moving quickly

4 v 2 - Diamond Principles

Opposed Rondo



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Key Points

Observe how defensive pairings defend and how the possession team keep the ball on the outside.

Key Questions

Are pairs playing compact, thus forcing passes around the outside
Who is the weaker presser and how can we exploit this?

4 v 2 - Diamond Principles

Opposed Rondo

No Passing Angles



Immediate Support

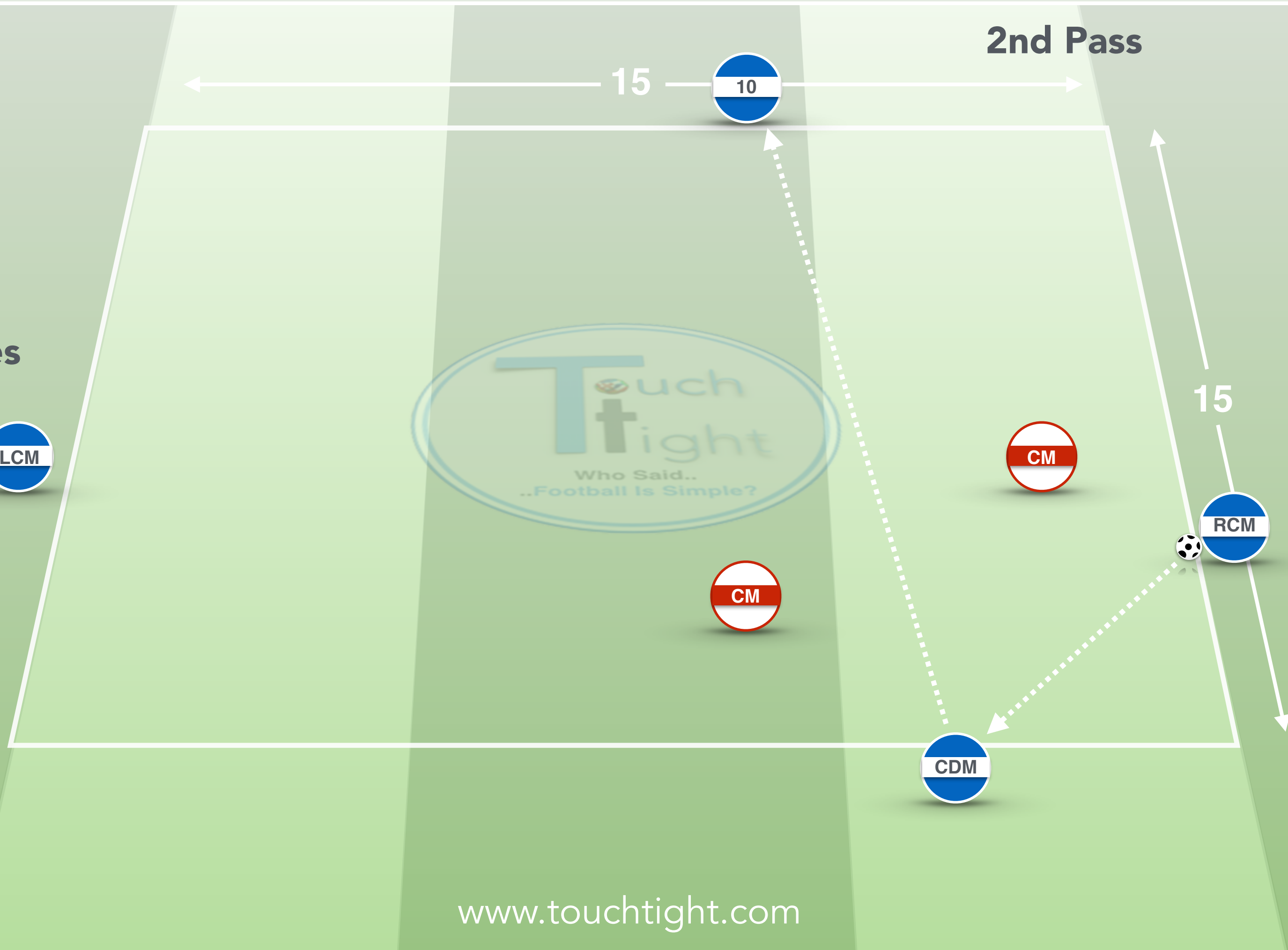
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Set Up / Organisation

Identify when gaps appear. As ball shifted either side of the square, at some point defender will press. That split second when teammate does not go with is the moment when we need to penetrate this line.

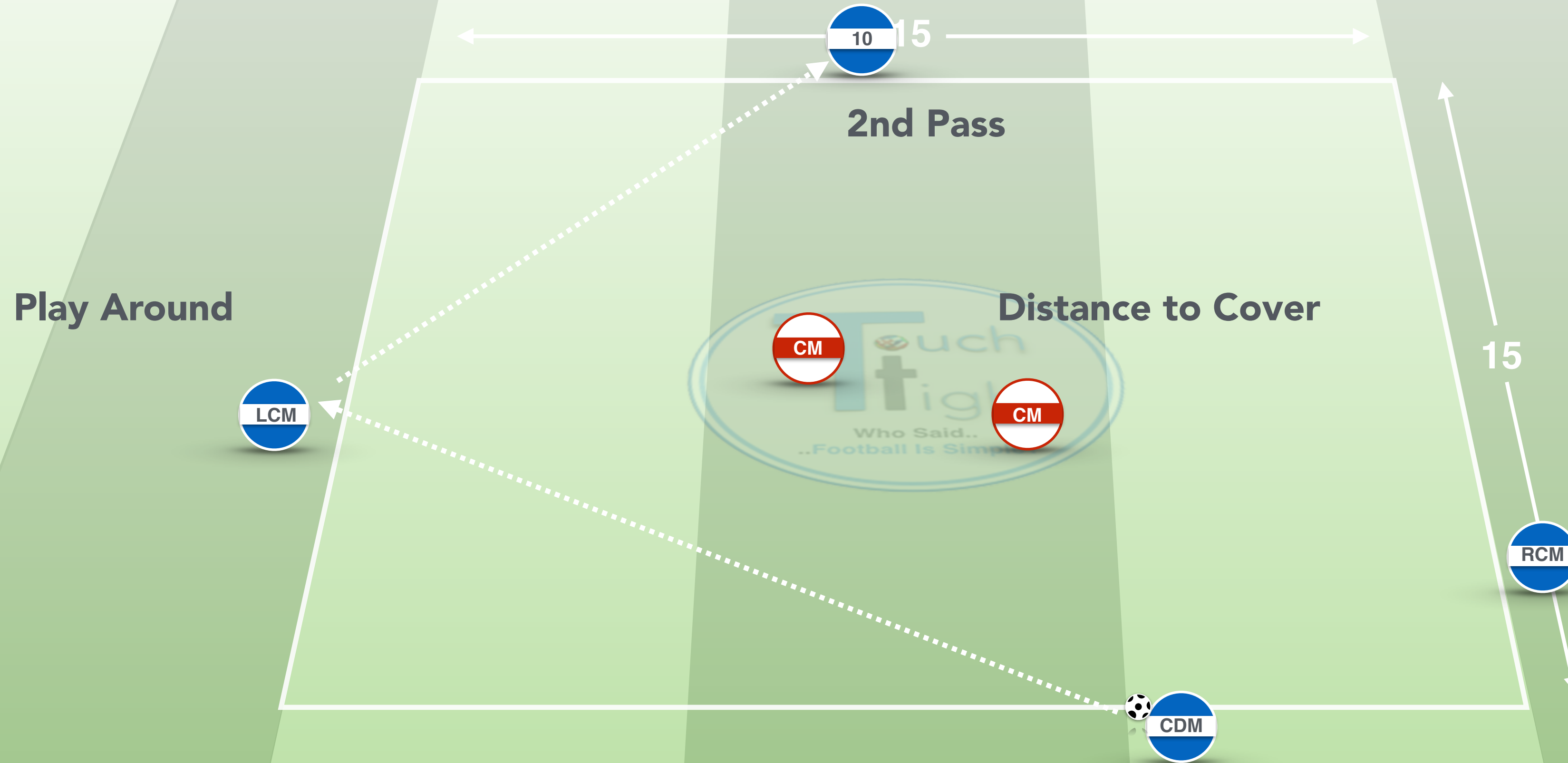
Key Points

Can you look away from the ball during possession?
Can you ensure your ball speed is where it needs to be?
How can you move defenders around?



4 v 2 - Diamond Principles

Opposed Rondo



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Set Up / Organisation

If you need to be patient then do so. Coach can notice this and then award a goal every 10 passes, which then forces defenders out of comfort zone to regain possession; gaps will naturally appear as a result.

Key Questions:

How can your angles improve the possession flow?
What is your job after you have passed the ball?