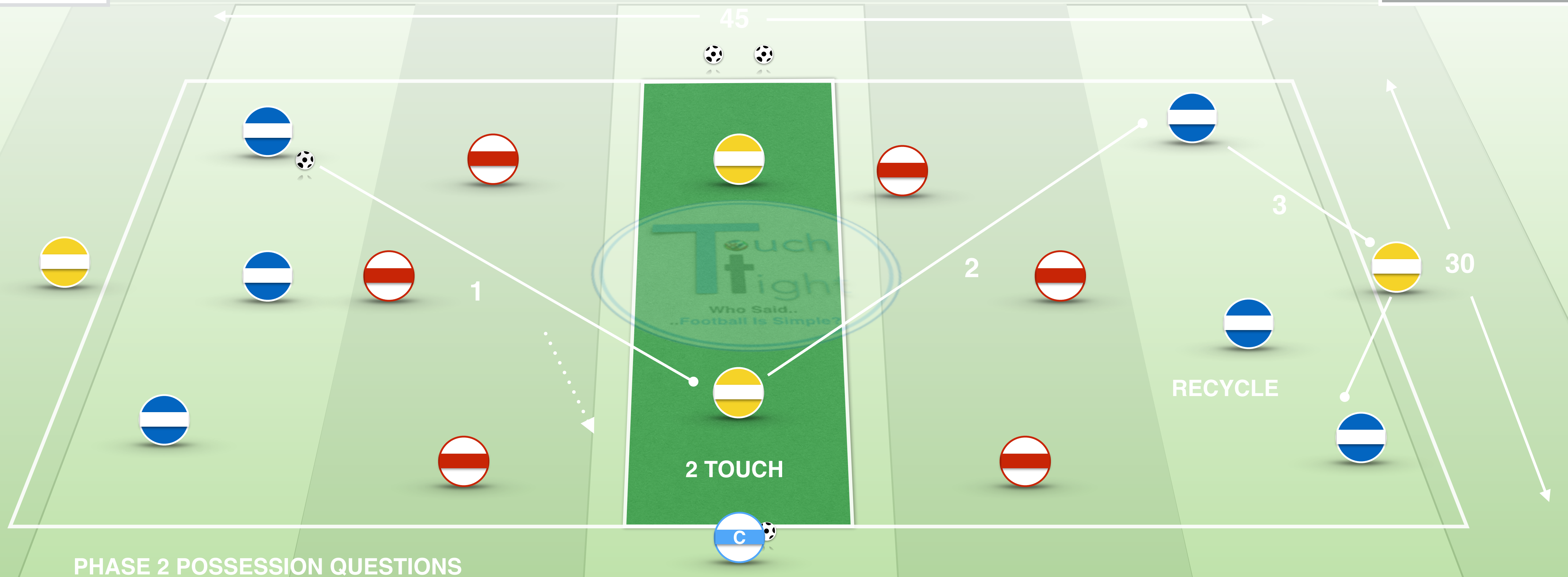


## 3 v 3 Play Through

Opposed Skill

**Set Up / Organisation**

3 v 3 in each area of 30 x 20, with a 30 x 5 yard central area with 2 floated in central area for possession team to combine with. Central players have 2 touches to control and play through into possession team (i.e. blue to blue) who starts the process again. If Reds win possession roles are reversed.

**Key Points**

Important that coach focuses on players ability to create angles and keep possession effectively before progressing to playing through. Once passing and defending quality is good. Then focus on weight of forward passes, identifying gaps, playing on the half turn and creating space for self and others to play through also.