Objectives:
Create space through effective rotational movement, in addition to working on that final ball.

Organisation:
Practice two of theme seven final third combinations, is played in a 25 x 45 yard area with two attacking zones and a three v three in each half. We have a floater in a central 5 yard zone, allowing the possession team to connect play through to a finish. The objective here is for players to recognise space available, allowing them to play forward when possible and for our floating player to play on the half turn, checking space and penetrating defensive lines with defence splitting passes.

Key Coaching Points
Recognise space to penetrate
Penetration passes to split lines
Quality of finish, working the goalkeeper

Technical
Finishing
Penetration Passing

Tactical
Front 3 Combinations
Creating space to exploit

Physical
Speed to break away from defenders
Agility in 1 v 1s

Psychological / Social
Calm in front of goal
Awareness of teammates runs and decisions

Player Focus / Contingency

Unit Relationships / Other Detail
Main focus is on the front 3 and how they combine with each other in their attacking play
Also focused on the floaters positioning and awareness to receive from each site to find space to penetrate.

On winning possession defenders must recognise how they can combine with the floating player to finish in a 5 yard goal in the opposite end.

Combine groups, from back to front, allowing teams to play through the floater and into the attacking 3 to finish.
Session Date:  
Team:  
Coach:  

Session Objective/s:

Detail any Individuals, pairs, trios and units to work on in the group and specify what detail you will be developing within each session element.

<table>
<thead>
<tr>
<th>Player</th>
<th>initials</th>
<th>Technical</th>
<th>Tactical</th>
<th>Social</th>
<th>Psychological</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Player Pairs**  
initials  

<table>
<thead>
<tr>
<th>Player Pairs</th>
<th>initials</th>
<th>Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Player Trios**  
initials  

<table>
<thead>
<tr>
<th>Player Trios</th>
<th>initials</th>
<th>Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Player Units**  
initials  

<table>
<thead>
<tr>
<th>Player Units</th>
<th>initials</th>
<th>Objectives</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Post Session Outcomes**

**What went well?**  
**What did we learn?**

<table>
<thead>
<tr>
<th>What went well?</th>
<th>What did we learn?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Absentees:**  

© Touchtight Coaching 2019

**BIG GAME QUESTION**

How will we apply this session to a game situation?
Session Date:  

Team:  

Coach:  

Session Objective/s:

Detail all Individual player objectives for the session and provide an evaluation on progress made

<table>
<thead>
<tr>
<th>Player</th>
<th>Objective 1</th>
<th>Objective 2</th>
<th>Objective 3</th>
<th>Evaluation</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

© Touchtight Coaching 2019